

MOUNT # MICHAEL

BENEDICTINE SCHOOL





Thank you so much for your interest in Mount Michael Benedictine School. As our mission states, Mount Michael Benedictine School is a Catholic college preparatory residential/day high school rooted in Benedictine values for young men committed to excellence. Students develop spiritually, intellectually, and socially through the comprehensive curriculum and communal experience to become future leaders.

A Mount Michael education is transformative and impactful. Over the years, we have continued to educate young men who have become leaders and professionals in their communities. We have an inclusive, dynamic, and diverse student body. Our focus has been on the development and formation of young men. The results have been graduates that have a large worldview and leave an impressive mark. You can find our alumni all over the world.

Being a college preparatory school means we are preparing young men for the next step in their education. Our curriculum is rigorous, but also relevant. Critical thinking is important to us, and we want our graduates to be able to think independently but also work as a team member and contribute in positive and thoughtful ways.

With our core Benedictine values as a foundation we strive to impact our students in a way that will last a lifetime.

Please feel free to contact me if you have any questions or inquires about Mount Michael. I invite you to visit our beautiful campus and to take a tour. I know you will be impressed!

God bless and take care,

David J. Peters, Ed.D. Head of School

MOUNT MICHAEL SNAPSHOT

226 103 123
Total Boarding Day Students

Average Class Size

Average Class Size Acre Campus 32 Faculty

Faculty Members

Freshman/Sophomore

Junior/Senior



ACADEMICS AT MOUNT MICHAEL

Academics at Mount Michael are unparalleled. Everyone from the deans to the coaches to the students themselves hold education in the highest regard. Hard work and achievement are admired and emulated. The student body demands respect for the academic process from one another. In return, the students are always willing to provide mentoring, tutoring and support to each other because they understand that when they elevate the whole, greater success is achieved personally.

7:1 85% 83% Student to Teacher Ratio Faculty with Advanced Degrees Advanced Degrees



CURRICULUM AND GRADUATION REQUIREMENTS

All students at Mount Michael must complete 272 credits for graduation with a typical course load being 68 credits per year. Every day for all four years at Mount Michael, students will be taking five core classes (Mathematics, English, Social Studies, Science, and Theology) as well as a variety of other elective courses. Additionally, all students must take at least two years of foreign language. Electives are available in science, visual arts, engineering, music, media, publications, fitness, social studies, and computer technology.



COUNSELING DEPARTMENT

The counseling department at Mount Michael takes on a collaborative, student-focused approach to providing individual and group guidance. Our counselors are firmly committed to nurturing our students, families, and community by proactively helping students develop the spiritual, academic, social, and career skills that will enable them to become lifelong learners. The goal of the counseling department is to advocate for our students and provide them with the tools necessary to reach their academic and personal goals, in addition to guiding students through the college planning process.



ADVANCED & HONORS COURSES

Mount Michael offers nine advanced placement courses as well as eleven Honors level courses. All AP and Honors grades are weighted for GPA calculation. Students enrolled in AP courses are encouraged to take the corresponding AP exams. Dual enrollment courses are offered through Creighton University, Nebraska Wesleyan University and University of Nebraska at Omaha.



Graduation Rate

In 2018, Mount Michael opened the David "DJ" Sokol Learning for Life Building. This building, thanks in large part to the generosity of the Sokol family of Omaha, is the home for all academic aspects of Mount Michael. Comprised of more than 47,000 square feet, this building houses a new STEM (Science, Technology, Engineering, and Math) center, media center, computer lab, and classrooms.



"Mount Michael has taught me the discipline and accountability needed to be successful at the next level. The students and teachers are always willing to go above and beyond to help me.

TYPICAL FRESHMAN SCHEDULE

7:55 AM - Biology

8:42 AM - Spanish I or French I

9:29 AM - World History

10:16 AM - English I

11:03 AM - Algebra I or Geometry

11:50 AM - Study Hall/Freshman Seminar

12:33 PM - Lunch

1:07 PM - Theology I

1:54 PM - Pottery I or Chorus

2:41 PM - Speech or Physical Education



All students are required to take four years each of English, mathematics, science, social studies, and theology, plus two years of a world language, one semester of a computer class, and one year of PE. The courses offered in each department are listed on the next page.

Courses marked with an *asterisk are required to graduate from Mount Michael. Other courses are electives.

ACADEMIC COURSEWORK

ENGLISH DEPARTMENT:

English I* English II* English III or AP English Language* English IV or AP English Literature* Advanced Speech I-IV Journalism I, II, III Creative Writing Film Studies

SOCIAL STUDIES DEPARTMENT:

Reading Elective

World History* **Business Economics and Civics*** American History or AP American History* AP Human Geography AP Psychology AP US Governmen **Holocaust Studies** Philosophy Honors Academic Decathlon **Classical Studies**

MATHEMATICS DEPARTMENT:

Algebra I* OTHER DEPARTMENTS: Algebra II and Trigonometry* Geometry* **Pre-Calculus** College Algebra and Trigonometry **AP Calculus** Honors Calculus II and III and Engineering **WORLD LANGUAGES**

DEPARTMENT: Spanish I or French I*

Spanish II or French II* Honors Spanish III or Honors French III Honors Spanish IV or Honors French IV THEOLOGY DEPARTMENT:

Theology I (Revelation of Christ, Jesus the Christ)* Theology II (Mission of Christ, Mission of the Church)* Theology III (Sacraments, Morality)* Theology IV (Vocations, Catholic Social Teaching, World Religions, Church History)*

TECHNOLOGY AND

Computer Science* **AP Computer Science Principals AP Computer Science** Introduction to Robotics **Advanced Robotics** Architecture and Engineering **Honors Residential Architecture Honors Commercial Architecture** and Engineering **Honors Engineering Design**

and Development Personal Finance Physical Education I* **Physical Education II** Strength and Conditioning College and Career Planning* Freshman Seminar* Sophomore Seminar*

SCIENCE DEPARTMENT:

Biology* Chemistry* Physics or AP Physics* Anatomy and Physiology **AP Biology** AP Chemistry **Honors Physics Forensic Science**

FINE ARTS DEPARTMENT:

Art I-IV Band Chorus **Private Music Lessons** Pottery I-IV **Music Appreciation Guitar Lessons** History of Rock & Roll



2021 Secondary Teacher of the Year by the Omaha Archdioscese



"The mindset of a Mount Michael student is extremely motivated. The young men that go to school here embrace all challenges that come with a college preparatory education. The atmosphere is nothing short of impressive."

Allen Burrell, Director of Student Outreach and Diversity

ATHLETICS

With over 50 state championships and 20 state runners-up, Mount Michael has a rich tradition of athletic excellence.





"Mount Michael student athletes show up everyday with a desire to compete. Their attitudes are committed to the success of the team as a whole. This mindset has been the foundation for the Mount's culture of winning."

Derrik Spooner, Activities Director



Baseball Basketball Bowling

Cross Country Soccer Football Swim & Dive Golf

Track & Field Trapshooting Wrestling

2020 Baseball **District Champions**

2021 Basketball District Champions 2021 Class B State **Golf Champions**

2021 Cross Country **District Champions**

Tennis

2021 RCC Wrestling Runner-Up



Qualifiers in 2021

2022 Soccer State Qualifiers

2022 Golf District Champions



2020 Baseball **State Qualifiers**

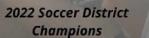


State Qualifiers



2021 Class B State **Tennis Champions**

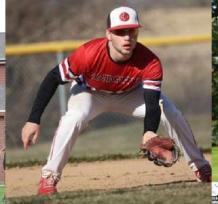




2022 RCC Golf Champions













CLUBS & ACTIVITIES

BAND & CHOIR

MATH & SCIENCE CLUBS

DRAMA

JOURNALISM

MOCK TRIAL

NATIONAL HONOR SOCIETY

ROBOTICS

SPEECH

STUDENT COUNCIL

ACADEMIC DECATHLON

PERSONAL MUSIC

LESSONS

E-SPORTS AND

COMPETITIVE GAMING

SPORTS BROADCASTING & STRIV CLUB

INVESTMENT CLUB

COOKING CLUB

PING-PONG CLUB

SUPER MARIO CLUB

DISC GOLF COURSE



During the 2022-23 school year, 80% of the student body at Mount Michael was involved in at least two activities.

Mount Michael requires its freshmen to participate in a fall activity to help them get introduced to the community.



Mount Michael's Academic Decathlon team has won 9 straight
Nebraska state championships dating back to 2014.

RESIDENTIAL OPPORTUNITIES

Mount Michael offers the only residential opportunity for a college preparatory high school in the city of Omaha. Independence, accountability and discipline are just a few attributes a young man develops when he lives in our structured residential environment.

At Mount Michael, 46% of the student body participates in our residential program. A vast majority of our residential students come from the Omaha area, and are 5-Day boarders—meaning they go home during the weekends. Aside from the 5-day boarders, Mount Michael also offers a rich international and national 7-day program that has featured students from over 25 different countries and 10 states since it's inception in 2005.



On Wednesday
evenings, many parents
visit Mount Michael to
have dinner with their
sons and build
community with other
families.





TYPICAL DAY AS A 5-DAY BOARDER

6:30AM - 7:30AM Breakfast is served

7:55AM - 3:24PM
Classes are in session

3:24PM - 5:30PM
Sports practices,
activities, or free time
for those not involved
in an activity

5:30PM - 6:30PM Dinner is served

6:30PM - 7:30PM Free time

7:30PM - 9:00PM Study Hall

9:00PM - 10:20PM

Free time

10:25PM Lights Out



DAY STUDENTS

Day students arrive at Mount Michael in the morning and go home in the evenings. These students receive an excellent education but have extra opportunities not available at other schools. Many day students arrive early in the morning and sometimes stay into the evening to participate in activities with their residential classmates.

MANY STUDENTS ENTER MOUNT MICHAEL AS DAY STUDENTS, BUT THEN TRANSITION TO THE BOARDING PROGRAM LATER IN THEIR TIME AT MOUNT MICHAEL!

Day students are welcome to stay for dinner and evening activities like Wednesday night visits or intramurals, and other social events.

They are just as much a part of student life as the boarding students!

BENEDICTINE EXPERIENCE

Mount Michael prides itself in being rooted in Benedictine values. Inspired by the Rule of St. Benedict, the monks and faculty work to instill our core values in our students:

COMMUNITY: A challenging goal is more easily achieved in the company of likeminded people. We contribute our strengths to the common good; we count on others to lessen our weakness.

HOSPITALITY: Receive visitors who come to our doors as if receiving Christ Himself. Everyone should feel welcome; no one should feel ignored.

INTEGRITY: Be true to your dignity as a child of God. Be committed to self-improvement each day.

SERVICE: Outdo one another in caring for others. Everyone needs help sometimes and should be willing to help others.

MODERATION: Endeavor to live a life of balance. Nothing too demanding should be expected; nothing too easy should be condoned.

These are values we strive to instill in the students who attend our school. A Mount Michael education feeds the mind, and these Benedictine values feed the soul. Upon graduation the Mount Michael experience culminates with an appreciation of the intellectual, physical, and spiritual growth a young man receives when he makes the most of his opportunities here.



"As a busy Mount Michael student over 30 years ago, monastic prayer at evening vespers grounded me in God. Over the years, in collegiate teaching and global travel, leisure and leadership, confusion and confidence, and more, this Benedictine stability has made all the difference."

Rev. Daniel S. Hendrickson, S.J., Ph.D. '89
President of Creighton University



SERVICE

In the 2022-2023 school year, Mount Michael students completed over 6000 hours of community service!



The 100 hours of service required for all students provides them with a myriad of opportunities to gain the skills and confidence needed to serve the less fortunate and become well-rounded young men.

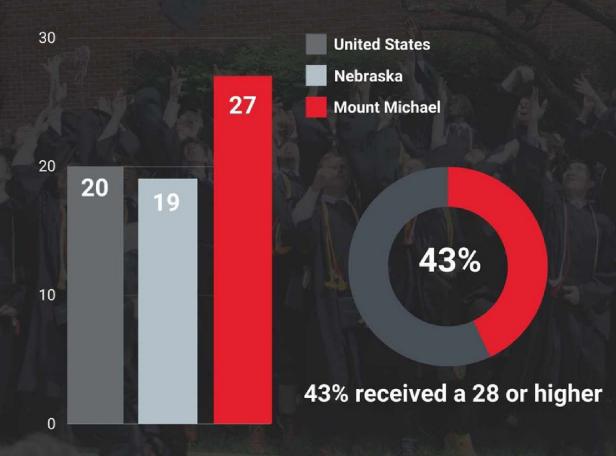
Countless opportunities of services are provided to Mount Michael students throughout the year, including annual missions trips, volunteering at local homeless shelters, and organized food/gift drives to serve families in need.

CLASS OF 2023 ACCOMPLISHMENTS

- ♦ The Mount Michael Benedictine Class of 2023 was composed of 54 graduates
- ♦ There were 2 National Merit Finalists and 1 Commended Student
- ♦ 68% of our 54 seniors scored 70% or higher in US Ranking for ACT Composite Scores
- ♦ Students were accepted to 81 different colleges —

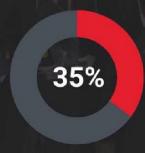


-ACT AVERAGE-





65% attended a college or university outside the state of Nebraska



35% of the Class of 2023 are attending private 4-year colleges or universities

AN INVESTMENT IN THE FUTURE

The total cost to Mount Michael Benedictine School of educating each student is more than the tuition charged. Other revenue sources developed by the school such as endowment interest, annual giving, planned giving, and auxiliary enterprises help subsidize all students, including those who do not receive financial aid. For a breakdown of costs for the 2023-2024 school year, please contact our Director of Enrollment, Danika Kerin.

A Knight and Day Difference

\$84/School Day represents the tuition cost, a value which includes:

- · A rigorous academic curriculum
- · Faith formation in the Benedictine tradition
- · Small class sizes
- A full offering of competitive sports and extracurricular activities
- A global alumni network
- Personal growth and maturity in a college-prep setting

We Do More Than Leave the Light On

\$42/School Night represents the five day residential cost, a value which includes:

- Community
- Safety and security
- · A structured and monitored study hall
- · The opportunity for spiritual enrichment
- Peer-to-peer tutoring
- Four hundred acres to explore
- 3 all-you-can-eat meals
- · Access to athletic facilities
- Technology access
- Friends for life



The total scholarships in the Class of 2023 equates to roughly \$148,000 per graduate

FINANCIAL AID OPPORTUNITIES

According to the Boarding School Review, Mount Michael is the #1 ranked school with regards to affordability and college readiness in the country. Mount Michael seeks to serve a diverse and talented student body. To achieve that end, Mount Michael is committed to providing financial assistance to qualified students whose families cannot afford the school's full charges.

As Mount Michael is committed to a strong financial aid program, the school seeks students from families committed to using their own resources to make education their top priority. We expect each family to stretch their financial resources to meet a fair portion of the cost of a Mount Michael education. We are happy to act as partners with your family to find the resources that will allow you to enroll your son.

Within the last 5 years, over 50% of all Mount Michael students have received financial aid. In the 2023-2024 school year, the <u>average</u> amount of financial aid offered per student is \$6,550.00*.

*day students received an average of \$3,500 in financial aid per student.



TYPES OF FINANCIAL AID

Merit-Based Scholarships

Each year, Mount Michael offers an entrance exam on the second Saturday of January. This exam will take place this year on January 13, 2024. The top testers on this exam will qualify for merit-based scholarships.

Need-Based Scholarships

Because each family is unique and financial circumstances vary so widely, no strict formula determines the amount of need. Instead, Mount Michael's financial aid committee proceeds on a case-by-case basis with each family. After families submit their financial information, Mount Michael works closely with a family to determine a financial aid amount that is fair.

Work Study

Work study is another opportunity that helps students offset their own tuition charges for their family. Work study jobs include washing dishes, replacing trash bins, sweeping stairwells, working the front desk, etc.

APPLICATION REQUIREMENTS

- 1. Incoming freshmen must take an entrance exam. Mount Michael administers its own exam at our school in January on the date set for Omaha Archdiocesan high schools. This year's entrance exam date is January 13, 2024 from 8:30am 11:30am. To get registered for this exam, you can follow the QR Code to the right or visit www.mountmichael.com.
- 2. General Application Form.
- 3. Three letters of recommendation: math teacher recommendation, English teacher recommendation, and a personal recommendation.
- 4. Transcript of grades and disciplinary history.
- 5. Admissions Interview: Each applicant must complete an interview with a representative from the Mount Michael Board of Admissions.

All documents relating to the application to Mount Michael can be found at www.mountmichael.com under the "Admissions" tab

MOUNT MICHAEL'S CURRENT FRESHMEN

The Class of 2027 is comprised of 53 students from 24 different schools



28% of this class came from non-Catholic schools



53% of this class received merit-based scholarships

REGISTER FOR
MOUNT
MICHAEL'S
ENTRANCE EXAM
USING THE QR
CODE BELOW



LEARN MORE
ABOUT OUR 20232024 EVENTS
USING THE QR
CODE BELOW



