(Menu Subject To Change)

Mount Michael - Menu 2

reakfast Sund		Tuesday	Wednesday	Thursday	Friday	Saturda
	Egg Bake	Scrambled Eggs	Cheesy Scrambled Eggs	Cheese Omelet	Scrambled Eggs	
	Sausage links	Bacon	Sausage patties	Turkey Bacon	Veggy Sausage	
	Tater coins	Breakfast Potatoes	Cheese Potato	Roasted Potatoes	Hash Browns	
	Pancakes	Pancake On a stick	Waffles	Donuts	Biscuits & Gravy	
(NICH)S						
_unch	Fried Chicken	Chicken Taco	Chicken Strips	Chicken Carbonara	Seafood Boil	
			Grilled Cheese			
	Mac And Cheese	Taquitos		Baked Potato Bar	Shrimp & Crab Legs	
	Mashed & Gravy	Rice	Waffle Fries	Garlic Bread	Corn On Cob and Potato	
BENEDICIA	Corn	Green Beans	Mix Vegetable	California Mix	Cheese Pizza Boat	
		````	SOUP			
100			Tomato soup			
	Yogurt Bar	Yogurt Bar	Yogurt Bar	Yogurt Bar	Yogurt Bar	
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	
	Pre Made Sandwich	Pre Made Sandwich	Pre Made Sandwich	Pre Made Sandwich	Pre Made Sandwich	
Dinner	Pasta	Orango Chieken		Buffele Chicken Sendwich		
		Orange Chicken	Dinne Derty	Buffalo Chicken Sandwich		
	Garlic Breadstick	Rice	Pizza Party	Fries	Oleand	
	Green Beans	Asian Vegetable		Mix Vegetable	Closed	
			Pizza Party			
6						
	Yogurt Bar	Yogurt Bar	Pizza Party	Yogurt Bar		
	Salad Bar	Salad Bar		Salad Bar		
	Pre Made Sandwich	Pre Made Sandwich		Pre Made Sandwich		
		Pre Made Sandwich				

\*Allergen Sensitive and Vegetarian Meals Available

# Eating and sharing what happened during your day over a meal is important to all of us.

### That's why we make sure everyone can eat safely.

If you have food allergies or special dietary needs eating may have an element of risk. For this reason, we take food allergies and dietary preferences seriously, as we want you to have an amazing experience just like every other student. Your dining team will work with you to listen, prepare, and serve every meal with care and safety so that you can dine with confidence.

## What should you do if you have allergies or dietary needs?

#### 1. Contact Your Food Service Director

Having a simple conversation at the beginning of an academic semester to state your needs, ask questions and troubleshoot different situations is critical for developing a safe and nutritional meal plan.

Food Service Director John Bogatz <u>jbogatz@creativedining.com</u> Phone: 402-238-1440

#### 2. Learn and Understand Allergy Icons

We have established a set of allergy icons that will identify ingredients that may cause an allergic reaction. There are eight icons. These icons will be placed on food item identification monitors so that all will be aware.



Many of the items that will be served as entrees may have the allergen mentioned in the name, which is key for you to read and understand. However, always check the allergen icons on a dish.

#### 4. When in Doubt, Ask!

Our goal is to provide each student with an exceptional dining experience in all aspects. If you are unsure about a dish, ask a server or speak to the chef. Our staff is happy to help you.